

## Initial Assessment – Health Questionnaire

Date: \_\_\_\_\_

| Patient Identifying Information |                  |                              |  |  |  |
|---------------------------------|------------------|------------------------------|--|--|--|
| Last Name:                      |                  | First Name:                  |  |  |  |
| Date of Birth:                  |                  |                              |  |  |  |
| Religion                        |                  |                              |  |  |  |
| □ Protestant                    | $\Box$ Catholic  | □ Jewish                     |  |  |  |
| □ Muslim                        | 🗆 Hindu          | $\Box$ Other                 |  |  |  |
| Residence                       |                  |                              |  |  |  |
| □ House                         | □ Apartment      | □ Room                       |  |  |  |
| □ Dormitory                     | □ Hotel          | $\Box$ Hospital $\Box$ Other |  |  |  |
| Education                       |                  |                              |  |  |  |
| $\Box$ High school and earlier  | Highest Grade    |                              |  |  |  |
| □ College\University            | Years of college |                              |  |  |  |
| □ Graduate School               | Degree(s)        |                              |  |  |  |

## Main problem that brought you to the doctor Describe Main Symptoms



| When did the problems first begin?  |                    |  |
|---|--------------------|--|
|   |                    |  |
|   |                    |  |
|   |                    |  |
|   |                    |  |
|   |                    |  |
| Describe any stress in your life that may have contributed to the p       | roblem:            |  |
|   |                    |  |
|   |                    |  |
|   |                    |  |
|   |                    |  |
|   |                    |  |
|   |                    |  |
| Please check the statement below that best describe the course of         | the problems since |  |
| they began:   |                    |  |
|   |                    |  |
| $\Box$ The problems have stayed about the same since they started         |                    |  |
| $\Box$ The problems have steadily worsened since they started             |                    |  |
| $\Box$ The problems seem to come and go                                   |                    |  |
| $\Box$ The problems have ups and downs but haven't gone away completely s | since they started |  |
|   |                    |  |
| Prior History for this problem  |                    |  |
| Have you had a past experience in which you had similar problems?         |                    |  |
|   |                    |  |
| $\Box$ Yes if yes, when   | $\square$ NO       |  |
|   |                    |  |
| Were you treated for this problem?  |                    |  |
|   | _                  |  |
| □ Yes if yes, treatment received  | $\square$ NO       |  |
|   |                    |  |
|   |                    |  |
|   |                    |  |
| Areas worsened due to current problems                                    |                    |  |

| Check all the areas worsened due to your current problems: |   |  |  |  |
|--|---|--|--|--|
| □ My school/work performance                               | □ My relationship with my friends                   |  |  |  |
| $\Box$ My relationship with my family                      | $\Box$ My ability to manage my usual chores at home |  |  |  |
| ☐ My interest in keeping up my appearance                  | □ My ability to get along with my parents/children  |  |  |  |
| ☐ My ability to control my temper                          | □ My ability to control my behavior.                |  |  |  |
| ☐ My ability to carry out my usual leisure interests       | $\Box$ My relationship with employer or co-workers  |  |  |  |
| $\Box$ My ability to plan and set goals for my future      | $\Box$ My relationship with legal authorities.      |  |  |  |
|  |   |  |  |  |



## North Atlanta Psychiatry

| Suicide  |                                  |           |  |  |  |  |
|--|----------------------------------|-----------|--|--|--|--|
| Did you ever thought about suicide?  |                                  |           |  |  |  |  |
| □ Yes - if yes, when   | □ NO                             |           |  |  |  |  |
| Have you ever attempted suicide?   | Have you ever attempted suicide? |           |  |  |  |  |
| $\Box$ Yes - if yes, when and how  | □ NO                             |           |  |  |  |  |
| Are you having any suicidal thoughts now   | $\square$ Yes $\square$ NO       |           |  |  |  |  |
|  | njury to Others                  |           |  |  |  |  |
| Did you ever thought about hurting some  | one?                             |           |  |  |  |  |
| $\Box$ Yes - if yes, when  |                                  | □ NO      |  |  |  |  |
| Have you ever hurt someone else?   |                                  |           |  |  |  |  |
| $\Box$ Yes - if yes, when and how  |                                  | $\Box$ NO |  |  |  |  |
| Are you thinking about hurting someone r   | now? $\Box$ Yes $\Box$ NO        |           |  |  |  |  |
| Personal History   |                                  |           |  |  |  |  |
| Check any items that apply to you and explain:   |                                  |           |  |  |  |  |
| <ul> <li>Mother's pregnancy with you was abnormal: How</li></ul>   |                                  |           |  |  |  |  |
| Check all that apply Check if during childhood you $\rightarrow$   |                                  |           |  |  |  |  |
| <ul> <li>were afraid to go to school</li> <li>had difficulty with reading, writing, or math</li> <li>were truant</li> <li>failed or repeated a grade</li> <li>had frequent falls</li> <li>had night mares, disturbed sleep, fear of the dark</li> <li>wet bed after age 5</li> <li>were awkward at games</li> <li>had trouble with eyes</li> <li>had tics</li> <li>were/are left handed</li> <li>mispronounced words, had a list, stutter/stammer</li> <li>ran away from home</li> <li>set fires</li> <li>were cruel to animals</li> <li>often lied to families or others</li> <li>were exposed to incest</li> </ul> |                                  |           |  |  |  |  |
| □ were promiscuous   | □ Other                          |           |  |  |  |  |



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| Social History   |  |              |               |  |
|--|--|--------------|---------------|--|
| Married? $\Box$ Yes $\Box$ NO Divorced? $\Box$ Yes, # of marriages $\Box$ NO   |  |              |               |  |
| Children? □ NO □ Yes   | Children?  NO  Yes, Ages# living with you                                  |              |               |  |
| Do you smoke cigarettes?   | NO 🗆   | Yes, How ma  | any per day ? |  |
| Do you currently use any type of drugs? $\Box$ NO $\Box$ Yes If yes, what types of drugs and how much per day?   |  |              |               |  |
| Do you currently drink alcohol? $\Box$ NO $\Box$ Yes If yes, what type of alcohol and how much per day?  |  |              |               |  |
| Any history of legal problem   | Any history of legal problems? $\Box$ NO $\Box$ Yes If yes, Please Specify |              |               |  |
|  |  |              |               |  |
|  | Stress   | ful or traum | atic events   |  |
| List any stressful or traumatic events in your life which may have affected your development and ability to function (i.e., birth of sibling, death in the family, divorce, illnesses, frequent school changes, witnessing a trauma etc) |  |              |               |  |
| Incident   |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
| Medical History  |  |              |               |  |
| Height   | Weigh  | t            |               |  |
| Current Medication   | Dose   | Times/Day    | Comments      |  |
|  |  | •/           |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |
|  |  |              |               |  |



| Allergies to Medication   |                  |                   |               |                       |
|---|------------------|-------------------|---------------|-----------------------|
| Medication  |                  | Type of reaction. |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   | Surgeries     |                       |
| Surgery   |                  | Age               | Complications |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   | Hospitalizations |                   |               |                       |
| Age   | Reason           |                   |               | Length of Stay        |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   |               |                       |
|   |                  |                   | Head Injuries |                       |
| Age   | Type of Inj      | jury              |               | Loss of Consciousness |
|   |                  |                   |               | $\Box$ Yes $\Box$ NO  |
|   |                  |                   |               | $\Box$ Yes $\Box$ NO  |
|   |                  |                   |               | $\Box$ Yes $\Box$ NO  |
|   |                  |                   |               | □ Yes □ NO            |
|   |                  |                   |               | □ Yes □ NO            |
| Current Medical Health Status                                     |                  |                   |               |                       |
| Excellent Good Fair Poor Comments/List current health conditions: |                  |                   |               |                       |
|   |                  |                   |               |                       |



| Family History   |                  |                                       |  |  |
|--|------------------|---------------------------------------|--|--|
| Provide information of family members suffering from mental health problems or medical problems. |                  |                                       |  |  |
| Indication   | Family Member(s) | Comments/Medications/Hospitalizations |  |  |
| Depression   |                  |                                       |  |  |
| Bipolar Disorder   |                  |                                       |  |  |
| Anxiety Disorder   |                  |                                       |  |  |
| Schizophrenia  |                  |                                       |  |  |
| Eating Disorder  |                  |                                       |  |  |
| Anorexia/Bulimia   |                  |                                       |  |  |
| Learning Disorder  |                  |                                       |  |  |
| Substance Abuse  |                  |                                       |  |  |
| Alcohol/Drugs  |                  |                                       |  |  |
| ADHD   |                  |                                       |  |  |
| Suicide attempt or   |                  |                                       |  |  |
| Completion   |                  |                                       |  |  |
| OCD/Obsessive  |                  |                                       |  |  |
| Compulsive Disorder  |                  |                                       |  |  |
| Legal Problems   |                  |                                       |  |  |
| Violent Behavior   |                  |                                       |  |  |
| Speech Problems  |                  |                                       |  |  |
| Tourettes/tic Disorder   |                  |                                       |  |  |
| Obesity  |                  |                                       |  |  |
| Heart Problems   |                  |                                       |  |  |
| High Cholesterol   |                  |                                       |  |  |
| Epilepsy/Seizures  |                  |                                       |  |  |
| Thyroid Problems   |                  |                                       |  |  |
| Other: specify   |                  |                                       |  |  |
|  |                  |                                       |  |  |